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Utah State University, "The Utah Statesman, March 19, 2015" (2015). *The Utah Statesman*. 237.
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THE UTAH STATESMAN

Thursday, March 19, 2015 • www.usustatesman.com • (435)-797-1742 • Free single copy

ALL DOGS GO TO HEAVEN



Ryan Costanzo photo

Utah State veterinary students launch pet loss hotline

BOOMER PLAYS ON THE QUAD. Service dogs are available to students at the Counseling and Psychological Services office regularly on Mondays and Fridays.

► **By Mandy Morgan**
senior writer

For students and community members grieving over the loss of a beloved pet, the School of Veterinary Medicine at Utah State University has launched a pet loss hotline.

Anyone can call Monday through Thursday evening and speak with veterinary students, who work under licensed psychologist Steven Lucero about their loss.

"Oftentimes, people don't

know who to talk to after the loss of their pet," said Lauren Michaud, a first-year veterinary student at USU in an email to The Utah Statesman. "Their interaction with their veterinarian has likely dwindled and much of society does not recognize that pet owners can experience significant amounts of grief upon losing a pet."

Michaud is one of six veterinary students who wanted to "get the Pet Loss Hotline off the ground as part of our practicum course," she wrote.

"We all take turns taking the phone for the night and managing e-mails," she wrote. "When we take phone calls, we counsel pet owners who are grieving the loss of their pet. Sometimes they just need to express their feelings, sometimes they need advice or just to feel like their feelings of grief are valid."

Michaud and the other students involved meet once a week as a group to discuss articles on pet grief, grief counseling and any topics to help them better understand

how to help those struggling with the death of a pet.

The students also study and discuss euthanasia, which is the "the act or practice of killing someone who is very sick or injured in order to prevent any more suffering," according to the Merriam-Webster dictionary.

"Some people feel guilty for choosing to euthanize their pet," Michaud wrote. "It is important to get people thinking about this so that people who are grieving can get the help and support they

need. ... I want to be able to help people through this difficult process as best I can."

Charley Bentley, a psychologist who works for Counseling and Psychological Services at USU, believes the hotline could benefit those grieving the loss of a pet.

"For some people it's a profound loss," Bentley said. "The loss of a pet is like losing a family member."

He said the therapy dogs in CAPS are an asset for some students going through changes. Often when a per-

son grows up with a pet, the pet has been there for other important events in their lives, making it significant in transitional milestones in life, Bentley said.

"A lot of times people really miss that when they are gone," he said. "People come to see the dogs. They know we have dogs here. For some of them, in lieu of having their own pets, having that contact, support from the animals is important."

Bentley and his wife, Eri

► See **HOTLINE**, Page 2

Fine Arts architect seeks input

► **By Melanie Fenstermaker**
staff writer

Students and faculty met Wednesday with representatives from the firm hired to renovate and expand the Fine Arts Center to discuss how the space could best be utilized to meet needs.

More than 40 students attended the meeting with Sparano + Mooney Architecture, the firm, in Kent Concert Hall.

The areas discussed for renovation were the Kent Concert Hall, the Nora Eccles Harrison Museum of Art, the Tippetts Gallery, the scene shop behind The Morgan Theater, The Performance Hall and the courtyard and plaza between the Kent Concert Hall and The Performance Hall. There will also be an administrative office addition.

Students shared ideas



Annie Hall photo

STUDENTS VOICE THEIR CONCERNS with the current art building, in hopes that their suggestions will be considered before construction of the new one.

for the renovations, but frequently-discussed concerns centered on a need for more studio, rehearsal and practice space.

Others expressed a desire for an extra harp practice room, an organ studio and large practice rooms to cater to small student ensembles.

Anne Mooney, one of the architects, said the concerns are "definitely on their radar" and they would like to continue the discussion as they decide the details of the spaces.

Several students also shared concerns about locker space, saying most of the

lockers aren't big enough to fit certain instruments, costumes and supplies. One student said the locks are inadequate and many can be unlocked with the same key.

Some students were also concerned about the

► See **FINE ARTS**, Page 4

Student survey results given to City Council

► **By Levi Henrie**
senior writer

Results from a student-conducted air quality survey in February are in and will be submitted to the Logan City Council by Monday.

The survey, conducted by Courtney Flint's Sociology 4620 class, reached 642 people, 547 of whom are undergraduate students.

"The survey indicates that there's a real opportunity to provide more information and clearer information on what's going on related to air quality," Flint said. "There are things people can do. They can change their mode of transportation, idle less if they drive, park the car and walk into a place instead of using the drive-through or work to make sure their car is running well."

Results indicate that as many as 96 percent of students would be at least some-

what willing to alter their behavior to help with air quality. However, many commented that they don't know what it is that they should be doing.

"The impression that we got from students is that they would really welcome more information and more activism," Flint said.

Forty-seven percent of undergraduate respondents believed the air quality was negatively affecting their health or the health of someone in their household, including 41 percent who report respiratory problems. This data, Flint said, shows the relevance of the problem.

Though some students don't know what can be done about air quality, most people agreed that the government should get involved.

Eighty-three percent of undergraduates believe that

► See **SURVEY**, Page 2

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TECH & MONEY

From intern to employee

Students searching for internships use services on and off campus

► By Mandy Morgan
senior writer

Sixty to 70 percent of students with an internship will be offered jobs by their internship employer after graduation, according to Donna Crow, executive director of Career Services.

Experience is important to succeed after graduation, but money is vital to study. This is a dilemma college students face when searching for internships.

There are options at to aid students in their academic success both within Utah State University, such as Career Services and the Financial Aid office, as well as outside of the university through websites and independent organizations.

Not only are coaches in Career Services willing to help students find which degree and career might fit them best, they help students find internships and jobs in every field of interest.

“We work with a large number of students to help them



File photo

STUDENTS TALK TO POTENTIAL EMPLOYERS at the USU Career Fair during the fall 2014 semester.

obtain internships,”said Donna Crow, executive director of Career Services. “We help them through the process from initially sitting and helping them articulate what their strengths are, what kinds of employers they would want to work for. Then, of course, we give them those employer connections through Career Aggie.”

About 70 percent of employers would like those they hire to

have had some kind of internship experience beforehand, Crow said. She added that 40 to 50 percent of USU students have “some sort of experiential learning.”

“There’s no down-side to internships,” Crow said. “You definitely graduate with more career-related experience, better chance of getting employment, typically higher salary and less turn-over because

you’ve had these experiences.”

For McCall Bulloch, a senior majoring in public relations, networking is what got her the internships and real-world experience she needed. She will graduate this spring and was recently offered a position with JetBlue Airlines. At the time, the company was looking for a programming intern, but she used the opportunity to connect to the company.

Bulloch kept in touch with someone within the company and was eventually informed about an entry-level position and applied. After interviewing numerous times, she was given the position and will find out after 12 weeks if she will be hired on full-time with a salary.

“Networking is the main thing,” Bulloch said. “It’s kind of scary to talk to people, but it totally will help you.”

Career Aggie is a resource available to all students to look for on and off-campus jobs, internships and network with potential employers.

“Career Aggie is not just a job-posting site,” Crow said. “All of those contacts are there for you 24/7. ... Network directly with them. And we highly recommend that.”

There are 269 open internships on Career Aggie that students can now apply for.

Scholarships and financial aid for those in need are offered through the university, and students can work with financial advisors. Academic advisors will also know about scholarships students can apply for within their particular college.

There are numerous websites that compile information on internships and scholarships across the nation for students to find what fits best for them. Some options include scholarships.com, fastweb.com and the U.S. Department of State’s Scholarship, Financial Aid and Student Internships webpage.

Coaches in Career Services can also help direct students to reliable outside sources for scholarships and internships, though students should be aware “if they charge you a fee, you should run away ... because there’s plenty of information that’s available out there,” Crow said.

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Proposed student fee increase for 2015-16 school year

Department	Increase requested	Increase recommended
Bus fee	\$1.50/semester	\$0.00/semester
Aggie Blue Bikes fee	\$0.50/semester	\$0.00/semester
Music and Theatre fee	\$1.05/semester	\$1.05/semester
Campus Recreation fee	\$9.80/semester	\$6.44/semester
Access and Diversity	\$0.51/semester	\$0.00/semester
Total increase recommended:		\$7.49/semester (1.6% increase)

Fees recommended by University Student Fee Board. They were approved by the USU Board of Trustees on March 7 and will now go to the USU Board of Regents.

Hotline

From Page 1

Bentley, also a psychologist at CAPS, bring their yellow lab-golden retriever Boris into the office once a week to use for animal therapy. LuAnn Helms, also licensed psychologist in the office, also brings in her dog Remy every Friday.

Students can come in to spend time with the dogs if they miss their own pets or need help with stress management.

“What I’ve noticed sometimes is that somebody has to talk about things that are difficult to express, and the dogs will seek that person who is in distress,” Bentley said. “It gives comfort to the person ... to focus on the animal and takes the edge off of the content. The dogs can be actually quite helpful.”

Ainsley Cook, a junior majoring in wildlife science, knows how it feels to miss her own pets while being away at college. Cook has five cats: Jack, Perry, Lex, Arya and Ghost, all different ages and breeds.

“I totally miss my cats,” Cook said. “When I am deciding if I should go home or should have people come up to visit me, I think that I get to see my cats if I go home.”

When it comes to stress relief, Cook

said she knows her cats will help.

“It really is therapeutic,” she said. “Even if you’re stressed, even if you’re happy ... even when you just have a warm, soft, purring thing in your lap — it’s a comfort.”

It’s really hard to lose a pet because they are like family members, Cook said. Pets can be a person’s best friend or like a sibling in the family, she said.

“Unless you’ve had pets, you don’t know it’s hard to lose them or miss them,” she said. “I think (the hotline) would be good for that.”

The Pet Loss Hotline can be called Monday through Thursday from 5 p.m. to 7 p.m. at 435-797-4540.

— mandy.m.morgan@aggiemail.usu.edu

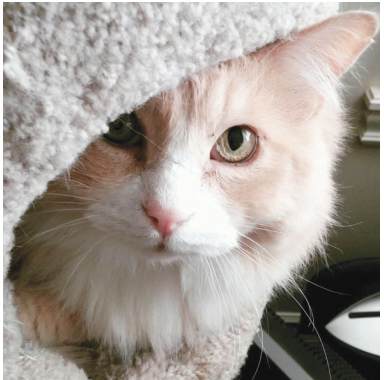


Photo courtesy of Ainsley Cook

Survey

From Page 1

Logan City has the power to do something about air quality.

“That’s a strong mandate for doing something at the city level,” Flint said.

While Flint agrees that some responsibility should be given to local, state and federal governments, she also made the point that people should take action on an individual basis as well.

“There’s a combination of actions that individuals should take because we know that emissions from vehicles are a huge source of the air pollution issue, but that should probably be coupled with actions from the city,” she said.

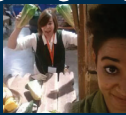
— levi.henrie@aggiemail.usu.edu



Tweets of the Week

@ainzalicious

Annnnnnnnd I just got hit by a longboarder on campus. THIS IS WHY I HATE YOU PEOPLE.



@kelseyrichPR

I don’t get the reasoning for people crossing the street without looking. It’s like Logan’s version of playing chicken.



@BraxtonLoosli

St. Patrick’s day is the Rob Kardashian of holidays.



@SpenSpenBurt

Hey @IGGYAZALEA sorry to burst your bubble but there is no fast lane from LA to Tokyo cause there’s a ocean in the way #science #geography

@tseanolsen

Life tip: Use soap when you clean. You need more than water. #FreshmanAdvice #AggieLife #aggiestride



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-Practically on Campus
Synonyms:
Summer, Social, Fun, Good Times
Used in a sentence:
With Crestwoods, your housing choice is made!
See also: www.logancrestwoods.com

STUDENT LIFE

Russian Recital gets classy at USU

► **By Monica Delatorre**
staff writer

Utah State University's Music Department hosted the "Russian Recital," featuring world-renowned pianist Nikolai Choubine and soprano Cindy Dewey. The recital took place on March 17 in the Caine Performance Hall.

The "Russian Recital," Choubine's idea, was in the works for no more than five weeks.

"It was nice working with Nikolai on Rachmaninoff because he is a native Russian speaker," Dewey said. "We had just met doing this. We've had a fun time."

When Dewey was approached about participating in the recital, she was enthusiastic.

"If you're a singer and someone asks if you want to sing Rachmaninoff, you say yes," Dewey said. "It is hard, but it is so pretty."

Choubine chose the final two songs to commemorate the 100-year anniversary of the death of composer Alexander Scriabin. He said the music choices seemed "appropriate."

"It is not all lush and romantic," Dewey said. "A couple of songs are really simple, and there is definitely something that tugs at the heart-strings."

The pieces, played in chronological order, are set to show the shift in music styles during the Romantic era, which was heavily influenced by nationalism following the revolution.

The first piece took over the first half of the concert. This is because "Pictures in an Exhibition," composed by Modest Mussorgsky, is a musical depiction of an exhibit of over 400 paintings, Choubine said.

"One day he was just walking around and saw the pictures and got inspired to write this piece," Choubine said. "This piece is so authentic. It is so different from the musical language of



Ryan Costanzo photo

NIKOLAI CHOUBINE (LEFT) AND CINDY DEWEY (RIGHT) perform Rachmaninoff's "Romances" at the Russian Recital on Tuesday at the Caine Performance Hall.

Tchaikovsky and Rachmaninoff."

The two other featured composers were Sergey Rachmaninoff and Alexander Scriabin. Choubine said these composers, among others, represent classical Russian music.

"All of these composers are rhythmically interesting," Dewey said.

"That's one thing I really like about Russian music: It has rhythmic energy."

Choubine and Dewey both expressed their passion for music and their thoughts on why more people are not into classical music like they once were.

"Classical music was once the popular music," Dewey said. "It's a new concept for classical music to be separate from the popular."

He said it's not as fun listening to opera or classical music without actually being present in a live performance.

"I think that there just has to be

more of it around," Choubine said. "The breadth and scope of classical music is unparalleled. But it is in danger of becoming a museum art."

He compared it to the new and old of literature.

► See **RECITAL**, Page 4



Kyle Todecheene photos (above), Ryan Costanzo photo (right)

CAMPUS.MYACTIONS.ORG REWARDS STUDENTS for tracking their environmentally-friendly actions and lifestyle changes, like reusing and repurposing materials and growing plants. Chris Creasey (right), a resident of the Learning Living Community's EcoHouse, talks about different actions they take to conserve water and electricity.

Website offers scholarships for students who help Earth

► **By Sadie Herrera**
staff writer

One website offers students charitable rewards and potential scholarships for tracking their contributions to save the planet.

Darren Bingham, a junior in environmental studies, is a campus representative at Utah State University for the organization and website, campus.myaactions.org.

"It's a national and soon-to-be international nonprofit organization that promotes sustainable lifestyles and behaviors to anyone and everyone," Bingham said. "They do it by having it

in a social media base platform."

The website is connected with other social media sites and apps such as Facebook, Twitter, Instagram and Pinterest. The website tries to make the program accessible to and connect with smartphone users, Bingham said.

"It's all about tracking your life and seeing what your real-time impact is on the environment," he said. "Also your wallet. It tells you how much money you've saved, which is really cool too. So even if you aren't looking to save a tree, you're saving money."

The savings on the account are donated to a charity of the user's choice on the website.

MyActions enables members to track things they've done throughout the day that can contribute to helping the environment, these activities range from turning a light off to recycling.

Chelsea Yoshikawa is a freshman in international business and finance. She started using the site in the fall of 2014.

"Whenever I do something that is environmentally friendly, like make a conscious effort to do something, I make sure to show what I've done," Yoshikawa said.

She added she thinks the site makes people more aware of their day-to-day actions.

"If you're actually paying attention to your

own actions and what you're doing, I think it can really make a difference for others because it might make them rethink about what they're doing too," Yoshikawa said.

Bingham said the site also offers scholarships to students based on the activities that they have tracked on the site.

Upon discovery, some are seeing how this website makes a difference through the social media connection aspect, particularly with students. One of these students is Alea Soboloski, a freshman studying elementary education.

► See **WEBSITE**, Page 4



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Have your kale and eat it, too

Students find ways make healthy meal choices while staying within tight budgets

► **By Ariell Allred**
staff writer

Many college students experience shortages of time and money. But when it comes to eating healthy, there are ways to have your cake and eat it, too. “One thing I think people could do is pack meals for themselves and kind of plan ahead, just be proactive about it,” said Cole Benson, a junior in psychology and exercise science. “Also getting up early and eating breakfast or making a lunch for yourself that day I think would help out.” Planning out meals avoids needless spending on snacks, fast food and craving impulse buys. It also saves on prep time. If managed correctly, time and money — or the lack thereof — can work in favor of college students.

As associate nutrition professor at USU and mother of three, Heidi Wengreen said she relates to time constraints and budgets. Despite these challenges, she finds quick and easy ways to ensure she and her kids are eating well-balanced meals. “Start with the basics and try to think of ways to try and make it healthier,” Wengreen said. “Instead of just having pasta and sauce, you can ask yourself, ‘What can I incorporate into this to make it a little bit healthier?’ So you might switch the pasta itself to whole grain instead of a refined grain pasta and then you can just add some vegetables to that sauce.” The vegetables, she said, can even be frozen, which are more cost efficient and convenient. Wengreen also suggested



Thakary Minson photo illustration

APPLES AND PEANUT BUTTER are a healthy, low-cost snack, said associate nutrition professor Heidi Wengreen. She also stressed the importance of not skipping breakfast.

spicing up cheap, plain rice with vegetables and/or eggs, transforming it into a stir-fry dish. The same concept, she said, is also easily applicable to wraps. Starting out with a traditional chicken wrap, students can be creative when adding other ingredients. “Always (be) reminding yourself to add a vegetable to that to make sure you’re getting a fruit and a vegetable with every single meal,” Wengreen said. Xeenea Tribe, an undeclared allied health freshman, found an aid in her eat-well endeavors. “My roommates and I cook dinners together so it’s super

nice. We go out for maybe lunch or breakfast, but we always make dinner, and it’s usually pretty healthy,” Tribe said. She found that cooking for herself is a challenge, so cooking with others has been a positive alternative. “I like to plan meals ahead of time and have support. I can turn to my roommate and be like ‘What are we going to make?’ And then we put stuff together and make something,” she said. For a healthy snack, Tribe also enjoys munching on cucumbers, especially at night. But in the winter months, higher priced vegetables and fruits

that aren’t so scrumptious can be a deterrent for many students. According to Wengreen, canned foods can be a great alternative to fresh produce when money is tight or when fruits and vegetables are not in season. “Sometimes you do have to pay a little more for the fresh and local options, but you just have to balance that out. It’s always better to eat it than to not to eat it, even if it’s canned,” she said. Canned goods, Raman Noodles, macaroni and cheese and other low-priced boxed and packaged foods are pop-

ular buys for college students. Though convenient, these simple food choices are more than just loaded carbohydrates. Wengreen warned students to be wary about the sodium and sugar content found in canned and processed foods. According to the American Heart Association, the daily recommendation for sugar intake is six teaspoons for women and nine teaspoons for men. The average can of soda contains eight to nine teaspoons of sugar. Added sugar means added calories, Wengreen said, which contributes to weight gain. “They’ve found that with the overconsumption of added

sugars, there is an increasing risk of cardiovascular disease, risk for high blood pressure and other related diseases such as type II diabetes,” Wengreen said. “So even if you don’t struggle with your weight, you need to be cutting out that added sugar.” The trick, she said, is to replace the sugar with things you need: fruits, vegetables and whole grains. Aside from the aforementioned goods, protein is another necessary nutrient. It is also the priciest, at least when it comes down to meats. Students with empty pockets sometimes struggle to get a solid amount of protein without breaking the bank. However, beans are one solution. “Legumes are a great source of protein and they are super, super cheap,” Wengreen said. “Plus, you can add them to anything. Just start cooking with your base, such as rice or pasta, and keep adding to it until it’s a balanced meal.” Eating healthy while cutting back to save money and calories is no easy task, and for some it may feel more like a punishment than a benefit. However, when balanced properly, healthy and cost effective eating can be rewarding. “Food is to be enjoyed. It’s not just for the nutrients it provides,” Wengreen said. “Nobody should feel like they have to cut out any one food. It really can all fit. It’s just the way we put it together in our whole meal, whole day and whole pattern of eating.”

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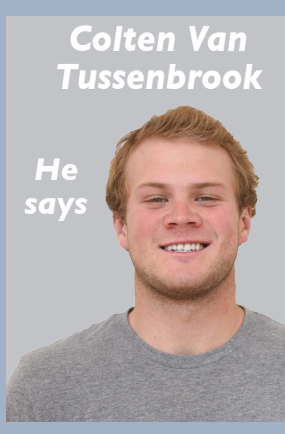
How to survive study habit slumps



Alyssa Hawkins
She says

After a nice, long and relaxing spring break, the last thing you want to worry about is the stress of homework and finals. But avoiding them completely could be very damaging to your grade point average. If you’re anything like me, you probably get the feeling that you’re in over your head, literally swimming in the homework that you neglected over the break. It’s important to remember, however, that it’s never too late to start smart study habits. Realize that if your study habits are suffering now, the things you need to do and the changes you need to make are not going to happen overnight. Don’t overwhelm yourself by trying to get everything done in one sitting. Go to the library to catch up on homework or take time to review class material from the previous week. Just work on it in small amounts at a time, and soon that mountain of homework you once had will be a mere molehill. After catching up on

► See **SHE SAYS**, Page 7



Colten Van Tussenbrook
He says

You have six weeks until you reach the most anticipated time of the year. Yes, I’m talking about summer vacation. You only have 40 days (roughly) until you walk out of that last final and head to the beach or go home or do whatever you do for the summer. Now, six weeks doesn’t sound that bad. However, you have a dilemma. As you’re sitting in class, all you can think about is how amazing spring break was and how miserable you are in class. In my opinion, spring break is cruel. It’s a peek into the amazingness of summer, but then you’re forced back into study mode to prepare for the most intensive part of the semester. So how are you going to stay focused? My first piece of advice is to order more pizza. It’s proven (somewhere, I’m sure) that when you eat pizza while you study, you will focus more on the task at hand. Also, as you’re eating greasy pizza, the last thing you’ll want to do is go swimming and en-

► See **HE SAYS**, Page 7

Fine Arts

From Page 1

temperature of the lockers because many of the current lockers, located against outside walls, frequently change temperature and have damaged their instruments. “This last winter when that new cold snap came, I had a nice, big, new crack on the bottom of my instrument,” one student said. “Take special consideration with new instrument storage space — especially for string instruments. They can be really fickle about temperature change.” Another concern was that the Fine Arts Center is difficult to navigate. Students suggested changing the room

numbers so they are easier to understand. Students also asked for better professor offices, a more convenient location for the Box Office, more gallery space, natural light and outdoor seating. At the end of the meeting Nicholas Morrison, the senior associate dean of the Caine College of the Arts, reminded the group that not everything could be accommodated because the college has a limited budget. However, he said the college will continue to include students in the decision-making process. Mooney said there will be a second workshop for students after architects come up with the conceptual design. If they work fast, she said the firm could finish the programming phase by the end of April and have some conceptual design completed by Finals Week.

The entire project is expected to be done by late 2016 or early 2017. “This is not a ten-year project,” Mooney said. “It’s something that you will see, especially if you are a freshman or sophomore.” Kent Concert Hall construction will begin in the fall and last one year, Morrison said, so all shows will be held in other venues. “Music department events will be held in the Morgan and theater department events will remain in the Lyric Theater downtown for one more year,” he said. Morrison said the museum is scheduled to close for construction in spring 2016, but much of the schedule for the rest of the project is still undecided.

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Recital

From Page 3

“People like to read comic books, but Shakespeare is still there,” Choubine said. Senior Lisa Richards and junior Samantha Bunderson, both piano performance majors, attended the concert and had nothing to say for it but praise and approval. “It was very good and very impressive,” Richards said. “It represented Russian composers well.” Both Richards and Bunderson ex-

pressed their thoughts on hearing Dewey singing. “Rachmaninoff is definitely one of my favorite composers, and I haven’t heard a lot of his vocal stuff,” Bunderson said. “I really like Cindy’s voice.” Though she had never heard Dewey perform before, Richards said that Dewey’s voice was “strong and so powerful.” Their appreciation continued as they described their reaction to Choubine’s performance. “It was very good and very impressive,” Richards said. “He has such a delicate sound. It is so pretty.” Bunderson agreed. “The thing that struck me the most is

that he just makes it look so effortless,” Bunderson said. “Very few people can do that. We all play differently, but he captures the musicality so well.” After what the audience thought was the final song, Choubine came back onto the stage and announced he would be playing Louis Moreau Gottschalk’s famous piece “The Banjo.” “Just thinking of the quality of concert, that was so professional,” Bunderson said. “It was fabulous. I wish that more people had known about it.”

— monica.a.delatorre@gmail.com

Website

From Page 3

“I think it can help colleges because it can inspire students to recycle and make the environment a better place,” Sobolowski said. “Everybody uses social media now, so it can definitely help.” The members also want students to see that it is not necessary to have an environmental science-related major to take these steps or participate in the organization. “I’m not in the natural resources college or anything,” Yoshikawa said. “I’m

a business major and even with businesses, no matter what major you’re in, I think being environmentally friendly is an important factor to our everyday life.” She also sees this as a give-and-take relationship with the planet. “The world is giving us so much, so we should try and give back as much as we can,” Yoshikawa said. People should be able to see that other people are doing the same things they are and be recognized for it, Bingham said. Students can go to campus.myactions.org to sign up. “No matter what you do, you can use the platform,” Bingham said. “If you’re a blogger, if you’re a Tweeter, if you’re

a Pinterest, whatever, you have a place. You can post pictures and you get to be a part of something bigger than yourself and better than yourself because there’s this money that can be spent on a cause of your choice, and who doesn’t like to get a pat on the back?” He said USU has been represented well through the website. “At our university, we got a silver in student involvement from the organization,” he said. “We get to tell people how great Utah State is.”

— sadijeherrera@aggiemail.usu.edu

Religion
in Life
Devotional

Al Fox Carraway
“The Tattooed Mormon”
March 20, 2015
LDS Institute Cultural Hall

Statesman editors select their Final Four

	Midwest	West	East	South
Mariah Noble				
Jeffrey Dahdah				
Kylee Larsen				
Noelle Johansen				
Mikayla Kapp				
Kalen Taylor				

Field of dreams: USU baseball gets its first win of the season at home

By Thomas Sorenson
staff writer

The Utah State University baseball team collected its first win of the season at home on Tuesday behind a 9-run fifth inning. Utah State defeated the University of Wyoming Cowboys 12-1. The Aggies were 0-11 on the season before the win — their worst start in the last eight years. Utah State held a 3-0 lead going into the bottom of the fifth inning. Shortstop Mike Woodland led off the inning with a single. The Wyoming infield mishandled a bunt by outfielder Kyle King, allowing Woodland to advance bases. The Cowboys then mishandled

another bunt by third baseman Taylor Stauffer and the Aggies took control of the game. “The whole year our defense has played well,” said Brad Singer, head coach of the baseball team. “Our offense was struggling the last two weeks.” The Aggies batted 16-30, including four extra-base hits, in Tuesday’s game. The team batting average was only .215 going into the game. Switching from wooden bats to metal bats made a big difference for the team, said second baseman Gentry Houghton, who was 1-4 at bat with an RBI. “You get a lot more pop on the ball with the metal bats,” Houghton said.

The team used smart base-running and timely hits to take advantage of the Wyoming mistakes, Singer said. Playing at home also made a difference for the Aggies, Houghton said. “Our mindset was a lot different,” he said. “Everyone was going crazy before the game.” Colton Draney pitched six scoreless innings with four strikeouts in the win, while allowing five hits and one walk. Stauffer batted 3-4 in the game, with four RBIs and two runs scored.

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Kylee Larsen photo
LOGAN ADAM PITCHES during a fall-ball game in Fort Collins, Colorado against Colorado State. The Aggies lost that game 6-0 but got their first win of the spring season on Tuesday against Wyoming.





ATHLETICS

SOFTBALL

USU VS. NEW MEXICO
Friday | 3 PM
Saturday | 1 PM
Sunday | 12 PM

MEN'S TENNIS

USU VS. SAN FRANCISCO
Friday | 11 AM

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THE PAGE

Opinions on this page (columns, letters) unless otherwise identified are **not** from Utah Statesman staff, but from a wide variety of members of the campus community who have strong opinions, just like you. This is an open forum. Want to write something? Contact us: statesmaneditor@aggiemail.usu.edu.

LETTERS TO THE EDITOR

All letters may be shortened, edited or rejected for reasons of good taste, redundancy or volume of similar letters. No anonymous letters will be published. Writers must sign all letters and include a phone number or e-mail address as well as a student identification number (none of which is published). Letters will not be printed without this verification. Letters can be hand delivered or mailed to The Statesman in the TSC, Room 311, or can be emailed to: statesmaneditor@aggiemail.usu.edu.



Elections are over - finally

I don't like campus elections. For that matter, I don't really like any elections. People harass me on campus constantly asking if I've voted or not. I tell them yes even if I haven't just so they leave me alone. Another great tactic is the icy stare down. I like to give them the angry eyes and that look that says, "I dare you to ask if I've voted or not." They usually don't accept the dare. This year I was even lucky enough to get a message on Canvas, people knocking on my apartment door and someone campaigning at my bus stop. These things all bother me to some degree, but there are two things that really grind my gears about elections. First, it seems that elections in college are what they were in high school: an out-of-proportion popularity contest with no real purpose behind running other than to prove that you can win. Secondly, if a candidate has real goals and ambitions, and by some miracle manages to get elected, there are so many roadblocks by administration that that person can't accomplish anything anyway. To address the first issue, the person with the most votes wins, so naturally the more popular candidate



wins. The issue is that a friend or someone you know is not always the best option, but nearly all students would rather vote for a friend than do what's best for the student body. So we end up with a representative for our school who answers questions at a debate with, "I want to change things so it's different next year." Seriously? What does that even mean? What are you changing? How? That's not an answer. That's a generalization of what everyone who's running thinks. The uninformed masses clap wildly like they've made some great speech, but really they've accomplished nothing at all. It's so much easier for a voter to be uninformed and take the easy option of voting for who they know. I'm guilty sometimes, but this year I decided to take the time to get informed, learn about elections and how politics work at the school. Sadly, that led to me being more upset with election results than ever before. However, it also did something else: It made me more aware of the powers that our student government has. Knowing how student government functions at Utah

State brought me to the realization that when someone is elected they quickly notice they don't have much power. Once I realized that the administration is really in control and that the student association could hardly accomplish something without being stopped, I felt bad for those in office. That's the real story that nobody is talking about — the lack of power that the students really have to make changes. Make no mistake about it. This university is run by the administration, not the students. When I made all my discoveries, I came back to my original point of view: I don't like elections. I felt that my time had been wasted getting informed because the most popular candidates generally win out anyways, and those that are elected get cut-off nearly every time they try to make a change. So next time student elections come around, I don't even think I'll bother getting informed. It won't make a difference even if I do.

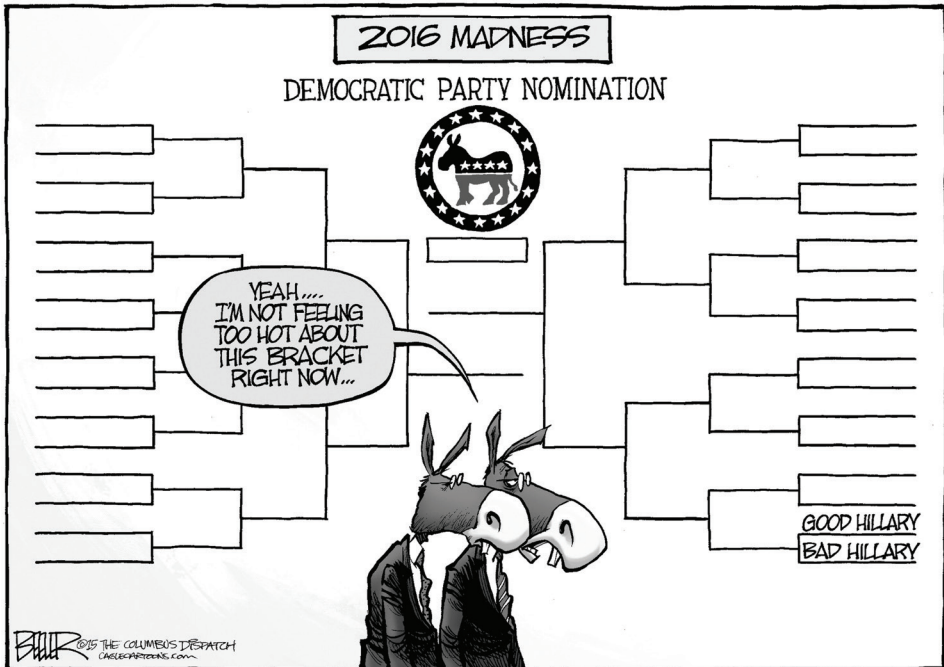
— Kalen Taylor is a sophomore double-majoring in broadcast journalism and Spanish. He considered running for some sort of office but then thought better of it once he realized he's not very popular — he's just going to stick with what he knows best: Sports. Feel free to email him via email at kalen.s.taylor@gmail.com or on Twitter @kalen_taylor.

She says

From Page 4

some homework, it's also smart to begin studying for finals now. Prioritize your classes in order from hardest to easiest, and begin studying for the harder classes first. You will feel more confident and better prepared for finals week, which is closer than you think. Setting goals is also a great way to be successful in your studies. Set a realistic, attainable goal for yourself. Plan to take a certain amount of time each day to spend studying per class and follow through. The hard part is making sure to actually go through with your plan. You may have to cut back on Netflix binging and actually go to bed before midnight. At first it may be hard, but if you stick with it, you will meet your goals. Take the time to check up and see if you are making any progress with the changes you have made. If you aren't seeing any improvement, then change it up until you start getting your desired results. Once you have achieved your goal, it is important to reward yourself. Make sure you find time for you. If that means taking a 15-minute nap or eating some ice cream, go for it. Do whatever will motivate you, without totally distracting you from your newly developed good study habits.

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Majoring in maturity

Employers not as interested in field of study

At Utah State University, grad fairs, career fairs and networking events are in large supply. In all of my experience attending these functions, there's one piece of advice I've heard more than all of the others: employers don't actually care what you studied in college, as long as you get a degree. If this seems curious to you, you're not alone. The first time I was introduced to this idea I thought it was the most bizarre thing I'd ever heard. It makes college seem arbitrary. Under this line of reasoning, it would make more sense for everyone to just get together and agree that we won't care about college anymore. Eventually I decided that college must be a social construct of some kind, something perpetuated in order to maintain the structure of society. If our culture is to be one of haves and have-nots, this must be justified somehow. Obtaining a college degree, the way I saw it, must be the way people reconcile giving better jobs to some and worse jobs to others. Now that I'm further into my own education, I've discovered the real reason employers place such a premium on a college degree. Finishing college, like holding a full-time job, requires great maturity. It's not intellectual maturity that I speak of, but rather the life maturity needed to jump through all of the hoops included in a college education. This would explain why employers see involvement in extracurricular activities, work experience during college and good grades as positive points on a resume. All of these things, especially when achieved simultaneously, prove



an applicant's ability to manage his or her own life and to do it well. After all, life in the workplace is equally if not more nuanced than higher education. Multitasking, organization and planning are the name of the game. Under these circumstances, it's not uncommon for very intelligent people to never live up to their professional potential because they don't know how to harness it properly. At the same time, others who are cognitively less gifted may end up succeeding because they know how to get things done anyway. Unless you're at an Ivy League institution, college is the same sort of effort-based ordeal. Let's face it — with maybe a few exceptions, none of us have ever taken a class that we couldn't have gotten an "A" in if we had really given it our all. We could have attended SI, checked Canvas more often or spent more time studying. Not one of these things is impossible, but they would all force us to budget time more wisely, as well as to simply try harder. If we expend the effort now to do these things and get those good grades, employers will understand that we're people who will put forth that same effort for their firms. They'll want to pay us high salaries with comfortable benefits. After everything is said and done, the effort we put forth now really is setting us up for our first job, even if it doesn't matter what our degree is in.

— Levi Henrie is a sophomore majoring in economics and international studies from St. George, Utah. He can be contacted at levi.henrie@aggiemail.usu.edu.

He says

From Page 4

joy the warm weather. My second piece of advice is to prioritize. You need to decide whether it's more important to study for your chemistry test or catch the latest episode of "House of Cards." I'm going to leave this decision up to you, but remember that it is easy to find reruns on the internet these days. The third and final piece of advice is to put off your homework until nighttime. Enjoy the weather. Those who have lived here long enough know that nice spring days are limited in Logan. Don't miss out while you're cooped up in the li-

brary. Ok, so maybe you should really just buckle down, study between classes and give your absolute best performance. Reach out to your professor if you're struggling in a class. Now is the time to be caught up and ready for finals week. It's easier said than done, but really try to put every last bit of energy you have into your schoolwork. Summer will be here before you know it, and you'll enjoy your break much more knowing that you did your absolute best during the semester. When times get tough, eat pizza, watch Netflix and go outside.

— coltenvantussenbrook@gmail.com
Twitter: @coltvant

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CALENDAR

Submit events at usustatesman.com/events.

Thursday, March 19

High: 63 | Low: 32 | Sunny

- ARTsySTEM: The Changing Climates of the Arts & Sciences | Caine Performance Hall - Utah State University | Free, 6:00 pm
- The Changing Climates of the Arts and Sciences | Nora Eccles Harrison Museum of Art | Free, All Day
- Fifty Works for Fifty States | Nora Eccles Harrison Museum of Art | Free, All Day
- Crafting a Continuum: Rethinking Contemporary Craft | Nora Eccles Harrison Museum of Art | Free, All day

Friday, March 20

High: 68 | Low: 36 | Sunny

- Story Time | North Logan City Library | Free, 10:00 am
- Storytime at Willow ParkZoo | Willow Park Zoo, Logan UT | \$0.50, 11:30 am
- Utah State Women's Softball | Utah State Softball Field | See Website, 3:00 pm
- Common Sense Medicine | Alpine Cleaning Conference Room | Free, 6:30 pm
- Science Unwrapped | Eccles Science Learning Center, Emert Auditorium | Free, 7:00 pm
- Rock Against Rape | Whittier Community Center | \$5, 7:00 pm
- Hansel and Gretel | Ellen Eccles Theater-Cache Valley Center for the Arts | \$12-\$25, 7:30 pm
- Driver Out | Why Sound | \$5, 8:00 pm
- Latin Dance Night | Spring Creek Fitness | \$5, 9:15 pm
- The Antics Comedy Improv | Utah Festival Opera & Musical Theatre | \$5, 9:30 pm
- The Changing Climates of the Arts and Sciences | Nora Eccles Harrison Museum of Art | Free, All Day
- Crafting a Continuum: Rethinking Contemporary Craft | Nora Eccles Harrison Museum of Art | Free, All Day
- Fifty Works for Fifty States | Nora Eccles Harrison Museum of Art | Free, All Day

Saturday, March 21

High: 66 | Low: 36 | Partly cloudy

- 2015 'Spring Strut' Turkey Hunting Clinic | Hardware Ranch WMA | Free, 10:00 am
- Utah State Women's Softball | Utah State Softball Field | See Website, 1:00 pm
- Hansel and Gretel | Ellen Eccles Theater-Cache Valley Center for the Arts | \$12-\$25, 1:30 pm, 7:30 pm
- Movie Night and Silent Auction | USU Taggart Student Center Ballroom | \$3, 6:00 pm
- Hoodoo in Concert | Stokes Nature Center | \$8-\$20. \$8 individual / \$20 family, 7:00 pm
- The Clash MMA | George S Eccles Ice Center | \$20-\$55. VIP Group pass also available, See Website, 7:00 pm
- Dana & Susan Robinson Folk Concert | Crumb Brothers Bakery | \$15, 7:30 pm
- Josh Johnson | Why Sound | \$5, 8:00 pm
- The Changing Climates of the Arts and Sciences | Nora Eccles Harrison Museum of Art | Free, All Day
- Crafting a Continuum: Rethinking Contemporary Craft | Nora Eccles Harrison Museum of Art | Free, All Day
- Fifty Works for Fifty States | Nora Eccles Harrison Museum of Art | Free, All Day

Sunday, March 22

High: 64 | Low: 36 | Sunny

- Utah State Women's Softball | Utah State Softball Field | See Website, 12:00 pm

Monday, March 23

High: 68 | Low: 39 | Partly cloudy

- Hansel and Gretel | Ellen Eccles Theater-Cache Valley Center for the Arts | \$12-\$25, 7:30 pm

Tuesday, March 24

High: 54 | Low: 30 | Partly cloudy

- Story Time | North Logan City Library | Free, 10:00 am
- Jazz Kicks | Caine Performance Hall - Utah State University | \$8, 7:30 pm
- The Changing Climates of the Arts and Sciences | Nora Eccles Harrison Museum of Art | Free, All Day

This issue dedicated to:



Michael Peine | business | junior | Salt Lake City

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